LifeLens Psychological & Counseling Services COVID-19 Safety Protocols

Our primary concerns and obligations are to safeguard the health and well-being of each patient and clinician to the best of our ability and to be responsive to changes in protocol needs depending on COVID risk.

Effective when LifeLens office opens for face-to-face sessions:

- 1. We will adhere to State of Michigan rules and guidelines for COVID health and safety.
- 2. We will follow CDC recommendations for COVID health and safety.
- 3. We will seek medical expertise and consultation as to how to best apply State of Michigan rules and CDC recommendations.
- 4. We will modify office guidelines as needed in response to changes in risk.

Secondary Opening phase (effective February 2023):

- 1. Only vaccinated clinicians will provide face to face sessions.
- 2. Vaccinated and unvaccinated patients can participate in in-person sessions at the discretion of their clinician.
- 3. Patients will respond to a 2-question health survey upon entering the office re: COVID, influenza, and cold symptoms.
- 4. LifeLens recommends that patients wear masks in common areas: waiting room and hallway.
- 5. Patients will wear a mask in session if requested to do so by their clinician.
- 6. Patients can request their clinician wear a mask in session based on comfort level.
- 7. Rescheduling from an in-person session to a Telehealth session will occur if a patient has COVID-like symptoms, influenza symptoms, or cold symptoms.

Third Phase (effective May 2023, commensurate with the end of Public Health Emergency declaration)

- 1. Vaccinated and unvaccinated patients can participate in in-person sessions at the discretion of their clinician.
- 2. Patients will wear a mask in session if requested to do so by their clinician.
- 3. Patients can request their clinician wear a mask in session based on comfort level.
- 4. Rescheduling from an in-person session to a Telehealth session will occur if a patient has COVID-like symptoms, influenza symptoms, or cold symptoms.

I agree to follow the above outlined health and safety protocols and to accept guideline modifications. I accept responsibility for the risk associated with in-person sessions and will not hold LifeLens Psychological and Counseling Services responsible if I contract COVID-19, influenza, or a cold. Furthermore, I demonstrate my acceptance of on-going risk through on-going face to face session participation.

